



Dear Scandinavian Friends, Greetings from Tampere!

As you know, we have the pleasure to organize the Scandinavian Conference of City Missions in August 2009. This letter contains the information that you need to register to the Conference and book the accommodation alternative you have chosen. The registration form should be filled and sent back to us before 12th of June.

**The Conference will take place in Tampere, Finland on August 26-28, 2009.
We are more than happy to wish you all welcome in Summer City of Tampere!**



This invitation is for all of you: employees, board members and volunteers.

Year 2009 is very special to Tampere City Mission– not only because of this Scandinavian Conference – but also, because it has been 125 years since the first employee of Tampere City Mission was hired. Tampere City Mission defends humanity, human dignity and equality. Our mission is to support, share and care for people in different phases and situations of life. Therefore we call ourselves Defenders.

**The theme of the Conference will be
“Community of Defenders –
we carry and share each others’ burdens.”**



The Federation of Evangelical Lutheran Parishes, Helsinki Mission and the University of Tampere help us to organize the Conference.



Programme:

Wednesday, 26th	12.00 - 14.00	Registration
	14.00 – 15.30	Opening Ceremony
	16.00	Dinner
	18.00 - 20.00	St. Thomas Mass (A Lutheran worship service, influenced by old liturgical traditions and strong atmosphere and spirit of ecumenism. Named after St. Thomas the Apostle)
Thursday, 27th	9.00	Morning Prayer
	9.30 - 13.00	Study Visits in our different units Lunch included at 12.00
	14.00 - 15.30	Get together; Speakers and Coffee Who must we defend? Pastor, writer Hilikka Olkinuora
	18.00 - 21.00	Happiness and communality Professor, board member Markku Ojanen Festive Dinner Party with the Mayor
Friday, 28th	9.00	Morning Prayer
	9.30 - 11.00	Workshops
	11.00 - 12.00	Get together; Closing words
	12.00	Home going Prayer
	13.00	Lunch
		Goodbye

We are pleased to tell you that we are having workshops from Denmark, Norway and Sweden as well as from Finland.



Study visits – Thursday 27th at 9:30 am – 1:00 pm



You have many possibilities to familiarize yourself with activities of Tampere City Mission. Please choose one choice and mark it down in the registration form!

1ST CHOICE	Open activities for senior citizens	Service centre for senior citizens. Empowerment and customer focus are the key topics of the work. Volunteers of the Senior Institute offer you to be part of an experiential morning; actions as playback theatre and life story telling.
2ND CHOICE	Respectful and empathic listening in interrelationship with people with dementia	Listening with empathy builds trust, reduces anxiety and restores dignity. TunteVa®-Method (= the Finnish validation Method) improves interaction with people with dementia. You are welcome to become familiar with TunteVa® Method. Together we practice non-verbal communication through expressions, pantomime and gestures.
3RD CHOICE	Preventive work with families	Preventive family action work supports early interaction and mental health. The group action is focused on families with small children and is based on empowering peer support. The groups get together once a week and the action takes place in a home-like environment.
4TH CHOICE	Preventive mental health work with senior citizens	Senior stop -action provides therapeutic conversation groups to relief seniors' depression and loneliness in the heart of Tampere. An other loneliness relieving service is a listening telephone –service 'Morning Ear'. This service is based on 40 trained volunteers.
5TH CHOICE	Activities & home-like housing for elderly people with intellectual disabilities	Day care unit is in the central of the city. In a nursing home residents can live for the rest of their lives. Cosy sitting rooms and other spaces are designed to support co-operation, togetherness and a home-like feeling. Both units are for elderly people with intellectual disabilities.
6TH CHOICE	Supported employment & home-like housing for younger people with intellectual disabilities	Sheltered workshop and supported employment form a path to open labour markets. A residential house in an ordinary small house area offers supported housing, peer support and home-like living possibilities. Both activities are for younger people with intellectual disabilities.
7TH CHOICE	Special units for people with dementia and mental health disorders in an elderly home	Special units for elderly people with dementia or mental health disorders. During the study visit it's possible to see everyday life, the use of TunteVa® Method (= Finnish validation Method) and different activity groups.

Workshops – Friday 28th at 9:30 – 11:00 am



Please choose one choice and mark it down in the registration form!

1ST CHOICE	Chairman Helsinki/ Finland	Action and contemplation – New spirituality and old City Missions
2ND CHOICE	Chairman Tampere/ Finland	Communality – What does communality mean in today's City Mission –work? How can we use sociocultural inspiration in practice?
3RD CHOICE	Chairman Stockholm/ Sweden	Economy and fund-raising strategies
4TH CHOICE	Chairman Tampere/ Finland	Values of the future – How do the changes in the future influence the values of the City Missions?
5TH CHOICE	Chairman Copenhagen/ Denmark	International vagabonds – Eastern Europeans in the Nordic welfare societies
6TH CHOICE	Chairman Tampere/ Finland	Board members role in today's City Mission work
7TH CHOICE	Chairman Oslo/ Norway	Culture for health in nursing homes – ideas and practice
8TH CHOICE	Chairman Tampere/ Finland	A space and a place for volunteers – what can happen when volunteers get a chance to create together and put their ideas into practice?
9TH CHOICE	Chairman Oslo/ Norway	Candle lighting in the liturgical practice of the City Mission



Accommodation possibilities:

We have booked different accommodation alternatives for you, so everyone can choose the one they like the best – in the central of the cityor in the country side!



1. Hotel Tammer

Double room á 145 € (two people, one night)

We have pre-booked 40 rooms in Hotel Tammer. If you choose this alternative, you can call and book the rooms in number +358 20-1234 632. Booking code is "Tampere City Mission".

Website:

http://www.sokoshotels.fi/SokotelWeb/Sokotel.portal?_nfpb=true&_pageLabel=Sokotel_hotellit_hotelliesittely&hotelId=501340673

2. Hotel Victoria

Double room á 142 € (two people, one night)

In Hotel Victoria there are 15 pre-booked double rooms. You can also ask for **single rooms á 109 €/night**. Call in number +358-3-242 5111. Booking code is "Tampere City Mission".

Website: <http://www.hotellivictoria.fi/>



3. Hostel Sofia

Double room á 64 € (two people, one night)
+ **breakfast 6,50 €/person**

In Hostel Sofia we have pre-booked 14 double rooms for you. You can book rooms in number +358-3-2544 020. Booking code is "Tampere City Mission".

Website: www.hostelsofia.fi



4. Recreation centre Vähäsilta

Bed and breakfast á 50 € (one person, two nights)

Tampere City Mission's training and recreation centre Vähäsilta offers a natural environment by the lake Näsijärvi, 25km from Tampere city centre. In Vähäsilta you have a possibility to have sauna and swim in the lake! Joint transport to Vähäsilta is arranged.

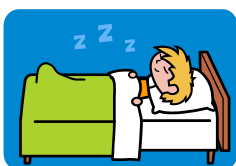
If you want to pick this alternative, please call +358-3-3454 3156 /Anna Purola or e-mail anna.purola@tamperecitymission.fi



5. Home accommodation

Some of our employees and volunteers are willing to offer moderate home accommodation! This is a great opportunity to get to know the Finnish family lifestyle and to meet new people. Home accommodation with bed and breakfast doesn't cost you anything.

If you want to pick this alternative, please call +358-3-3454 3156 /Anna Purola or e-mail anna.purola@tamperecitymission.fi



Conference fee

The conference fee 190 € includes the conference programme and the catering. We will charge you after you have sent us your registration forms.

With any questions please contact us:

Maritta Grönroos

Maritta Grönroos
Executive Director
+358-3-3454 3110
maritta.gronroos@tamperecitymission.fi

Anna Purola

Anna Purola
Conference coordinator
+358-3-3454 3156
anna.purola@tamperecitymission.fi

